Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: DMB

Coachinfo: Warming up from: 07:30 untill 08:25. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Braeken Vera

Coaches: Timmers Stefanie HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 3: 100M BACKSTROKE MIXED 10-9 — Heat:1, starttime: 09:32

Heat: 1/8 Lane : 1 Athlete: VOSSEN JILL — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M BACKSTROKE MIXED 10-9 — Heat:1, starttime: 09:32

Heat: 1/8 Lane : 3 Athlete: NAKKACH NOOR — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M BACKSTROKE MIXED 10-9 — Heat:2, starttime: 09:35

Heat: 2/8 Lane : 2 Athlete: GOFFLO NOAH — **Q-time: 02:11:31**

PB (25m pool): 02:11.31 De Sprink Bree 30/05/2026 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		01:04.78		02:11.31	
		01:04.78		*01:06.53*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 3: 100M BACKSTROKE MIXED 10-9 — Heat:2, starttime: 09:35

Heat: 2/8 Lane : 4 Athlete: GOOSSENS PHIL — **Q-time: 02:06:53**

PB (25m pool): 02:06.53 Lommel 22/02/2026 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		01:03.40		02:06.53	
		01:03.40		*01:03.13*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M BACKSTROKE MIXED 10-9 — Heat:3, starttime: 09:38

Heat: 3/8 Lane : 1 Athlete: VANSTRAELEN LOU — **Q-time: 02:00:91**

PB (25m pool): 02:00.91 Lommel 22/02/2026 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:58.94		02:00.91	
		00:58.94		*01:01.97*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M BACKSTROKE MIXED 10-9 — Heat:3, starttime: 09:38

Heat: 3/8 Lane : 3 Athlete: HESEMANS ELIA — **Q-time: 01:54:97**

PB (25m pool): 01:54.97 Lommel 22/02/2026 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:55.72		01:54.97	
		00:55.72		*00:59.25*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M BACKSTROKE MIXED 10-9 — Heat:3, starttime: 09:38

Heat: 3/8 Lane : 4 Athlete: PEETERS JOANNA — **Q-time: 01:55:46**

PB (25m pool): 01:55.46 De Sprink Bree 30/05/2026 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:59.17		01:55.46	
		00:59.17		*00:56.29*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 3: 100M BACKSTROKE MIXED 10-9 — Heat:4, starttime: 09:41

Heat: 4/8 Lane : 4 Athlete: DELBROEK CHLOé — **Q-time: 01:49:69**

PB (25m pool): 01:49.69 Lommel 22/02/2026 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:54.38		01:49.69	
		00:54.38		*00:55.31*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M BACKSTROKE MIXED 10-9 — Heat:5, starttime: 09:44

Heat: 5/8 Lane : 1 Athlete: MEERS CHRISTINE — **Q-time: 01:48:27**

PB (25m pool): 01:48.27 De Sprink Bree 30/05/2026 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:51.52		01:48.27	
		00:51.52		*00:56.75*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M BACKSTROKE MIXED 10-9 — Heat:6, starttime: 09:46

Heat: 6/8 Lane : 1 Athlete: VAN MIERLOO MARIE — **Q-time: 01:44:98**

PB (25m pool): 01:44.98 Lommel 22/02/2026 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:52.88		01:44.98	
		00:52.88		*00:52.10*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M BACKSTROKE MIXED 10-9 — Heat:6, starttime: 09:46

Heat: 6/8 Lane : 2 Athlete: THANS ANNA — **Q-time: 01:43:74**

PB (25m pool): 01:43.74 Lommel 22/02/2026 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:52.18		01:43.74	
		00:52.18		*00:51.56*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 3: 100M BACKSTROKE MIXED 10-9 — Heat:6, starttime: 09:46

Heat: 6/8 Lane : 3 Athlete: EERLINGEN KAREL — **Q-time: 01:39:99**

PB (25m pool): 01:39.99 Lommel 22/02/2026 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:49.98		01:39.99	
		00:49.98		*00:50.01*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M BACKSTROKE MIXED 10-9 — Heat:6, starttime: 09:46

Heat: 6/8 Lane : 5 Athlete: AERTS ESMéE — **Q-time: 01:44:50**

PB (25m pool): 01:44.50 Zwembad De Motte 20/06/2026 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:52.14		01:44.50	
		00:52.14		*00:52.36*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M BACKSTROKE MIXED 10-9 — Heat:6, starttime: 09:46

Heat: 6/8 Lane : 6 Athlete: LAMBERIGTS JANA — **Q-time: 01:45:54**

PB (25m pool): 01:45.54 Lommel 22/02/2026 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:53.47		01:45.54	
		00:53.47		*00:52.07*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M BACKSTROKE MIXED 10-9 — Heat:8, starttime: 09:51

Heat: 8/8 Lane : 5 Athlete: STINISSEN KATO — **Q-time: 01:32:88**

PB (25m pool): 01:32.88 Lommel 22/02/2026 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:45.27		01:32.88	
		00:45.27		*00:47.61*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 4: 100M BACKSTROKE WOMEN 11+ — Heat:5, starttime: 10:04

Heat: 5/12 Lane : 3 Athlete: MOORS CALISTA — **Q-time: 01:27:79**

PB (25m pool): 01:27.79 Lommel 22/02/2026 **PB (50m pool):** 01:33.61 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:43.37		01:27.79	
		00:43.37		*00:44.42*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M BACKSTROKE WOMEN 11+ — Heat:5, starttime: 10:04

Heat: 5/12 Lane : 4 Athlete: BIANCHI MAIA — **Q-time: 01:28:05**

PB (25m pool): 01:28.05 Lommel 22/02/2026 **PB (50m pool):** 01:26.32 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:42.81		01:28.05	
		00:42.81		*00:45.24*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M BACKSTROKE WOMEN 11+ — Heat:6, starttime: 10:06

Heat: 6/12 Lane : 2 Athlete: VAN EYGEN LOUISE — **Q-time: 01:25:58**

PB (25m pool): 01:25.58 Lommel 22/02/2026 **PB (50m pool):** 01:26.79 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:42.21		01:25.58	
		00:42.21		*00:43.37*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M BACKSTROKE WOMEN 11+ — Heat:9, starttime: 10:13

Heat: 9/12 Lane : 6 Athlete: BEIJNSBERGER JULIE — **Q-time: 01:20:32**

PB (25m pool): 01:20.32 Herentals 09/05/2026 **PB (50m pool):** 01:20.78 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:38.87		01:20.32	
		00:38.87		*00:41.45*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 6: 100M BUTTERFLY WOMEN 11+ — Heat:2, starttime: 10:42

Heat: 2/5 Lane : 4 Athlete: SMEETS ELLA — **Q-time: 99:99:99**

PB (25m pool): no time — **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 7: 100M BUTTERFLY MEN 11+ — Heat:1, starttime: 10:51

Heat: 1/4 Lane : 5 Athlete: BIESIADECKI ALEXANDER — **Q-time: 99:99:99**

PB (25m pool): no time — **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 8: 100M BREASTSTROKE MIXED 10-9 — Heat:2, starttime: 11:12

Heat: 2/8 Lane : 2 Athlete: VOSSEN JILL — **Q-time: 02:12:42**

PB (25m pool): 02:12.42 De Sprink Bree 30/05/2026 — **PB (50m pool):** 02:15.64 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		01:03.20		02:12.42	
		01:03.20		*01:09.22*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 8: 100M BREASTSTROKE MIXED 10-9 — Heat:2, starttime: 11:12

Heat: 2/8 Lane : 6 Athlete: GOFFLO NOAH — **Q-time: 02:14:85**

PB (25m pool): 02:14.85 Bilzen 25/01/2026 — **PB (50m pool):** 02:17.87 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		01:04.01		02:14.85	
		01:04.01		*01:10.84*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 8: 100M BREASTSTROKE MIXED 10-9 — Heat:3, starttime: 11:15

Heat: 3/8 Lane : 4 Athlete: VANSTRAELEN LOU — **Q-time: 02:01:28**

PB (25m pool): 02:01.28 Zwembad De Motte 20/06/2026 **PB (50m pool):** 02:05.11 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:55.90		02:01.28	
		00:55.90		*01:05.38*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 8: 100M BREASTSTROKE MIXED 10-9 — Heat:3, starttime: 11:15

Heat: 3/8 Lane : 5 Athlete: MEERS CHRISTINE — **Q-time: 02:02:57**

PB (25m pool): no time **PB (50m pool):** 02:02.57 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 8: 100M BREASTSTROKE MIXED 10-9 — Heat:4, starttime: 11:18

Heat: 4/8 Lane : 3 Athlete: HESEMANS ELIA — **Q-time: 01:58:15**

PB (25m pool): 01:58.15 Bree 21/12/2025 **PB (50m pool):** 02:06.63 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:55.68		01:58.15	
		00:55.68		*01:02.47*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 8: 100M BREASTSTROKE MIXED 10-9 — Heat:4, starttime: 11:18

Heat: 4/8 Lane : 5 Athlete: PEETERS JOANNA — **Q-time: 01:59:64**

PB (25m pool): 01:59.64 Bilzen 25/01/2026 **PB (50m pool):** 02:04.03 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:56.79		01:59.64	
		00:56.79		*01:02.85*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 8: 100M BREASTSTROKE MIXED 10-9 — Heat:4, starttime: 11:18

Heat: 4/8 Lane : 6 Athlete: GOOSSENS PHIL — **Q-time: 02:00:53**

PB (25m pool): 02:00.53 Zwembad De Motte 20/06/2026 **PB (50m pool):** 02:07.72 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:58.34		02:00.53	
		00:58.34		*01:02.19*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 8: 100M BREASTSTROKE MIXED 10-9 — Heat:5, starttime: 11:20

Heat: 5/8 Lane : 1 Athlete: STINISSEN KATO — **Q-time: 01:57:43**

PB (25m pool): 01:57.43 Pelt 05/10/2025 **PB (50m pool):** 01:57.67 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:55.14		01:57.43	
		00:55.14		*01:02.29*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 8: 100M BREASTSTROKE MIXED 10-9 — Heat:5, starttime: 11:20

Heat: 5/8 Lane : 6 Athlete: VAN MIERLOO MARIE — **Q-time: 01:57:61**

PB (25m pool): 01:57.61 Bilzen 25/01/2026 **PB (50m pool):** 02:02.14 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:57.78		01:57.61	
		00:57.78		*00:59.83*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 8: 100M BREASTSTROKE MIXED 10-9 — Heat:6, starttime: 11:22

Heat: 6/8 Lane : 2 Athlete: AERTS ESMéE — **Q-time: 01:53:51**

PB (25m pool): 01:53.51 Zwembad De Motte 20/06/2026 **PB (50m pool):** 01:59.44 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:54.78		01:53.51	
		00:54.78		*00:58.73*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 8: 100M BREASTSTROKE MIXED 10-9 — Heat:6, starttime: 11:22

Heat: 6/8 Lane : 3 Athlete: EERLINGEN KAREL — **Q-time: 01:52:61**

PB (25m pool): 01:52.61 Bilzen 25/01/2026 **PB (50m pool):** 01:53.65 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:53.95		01:52.61	
		00:53.95		*00:58.66*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 8: 100M BREASTSTROKE MIXED 10-9 — Heat:6, starttime: 11:22

Heat: 6/8 Lane : 6 Athlete: NAKKACH NOOR — **Q-time: 01:55:18**

PB (25m pool): 01:55.18 De Sprink Bree 30/05/2026 **PB (50m pool):** 02:00.63 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:54.50		01:55.18	
		00:54.50		*01:00.68*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 8: 100M BREASTSTROKE MIXED 10-9 — Heat:7, starttime: 11:25

Heat: 7/8 Lane : 4 Athlete: LAMBERIGTS JANA — **Q-time: 01:49:05**

PB (25m pool): 01:49.05 Bilzen 25/01/2026 **PB (50m pool):** 01:50.85 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:51.91		01:49.05	
		00:51.91		*00:57.14*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 8: 100M BREASTSTROKE MIXED 10-9 — Heat:7, starttime: 11:25

Heat: 7/8 Lane : 5 Athlete: THANS ANNA — **Q-time: 01:50:33**

PB (25m pool): 01:50.33 De Sprink Bree 30/05/2026 **PB (50m pool):** 01:51.25 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:52.76		01:50.33	
		00:52.76		*00:57.57*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 8: 100M BREASTSTROKE MIXED 10-9 — Heat:8, starttime: 11:27

Heat: 8/8 Lane : 5 Athlete: DELBROEK CHLOé — **Q-time: 01:45:04**

PB (25m pool): 01:45.04 Zwembad De Motte 20/06/2026 **PB (50m pool):** 01:53.52 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:49.28		01:45.04	
		00:49.28		*00:55.76*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 100M BREASTSTROKE WOMEN 11+ — Heat:3, starttime: 11:35

Heat: 3/12 Lane : 1 Athlete: SMEETS ELLA — **Q-time: 01:55:17**

PB (25m pool): 01:55.17 Bree 31/05/2026 **PB (50m pool):** 02:00.48 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:54.09		01:55.17	
		00:54.09		*01:01.08*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 100M BREASTSTROKE WOMEN 11+ — Heat:6, starttime: 11:42

Heat: 6/12 Lane : 2 Athlete: MOORS CALISTA — **Q-time: 01:41:32**

PB (25m pool): 01:41.32 Bree 31/05/2026 **PB (50m pool):** 01:43.28 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:49.20		01:41.32	
		00:49.20		*00:52.12*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 100M BREASTSTROKE WOMEN 11+ — Heat:9, starttime: 11:49

Heat: 9/12 Lane : 1 Athlete: BEIJNSBERGER JULIE — **Q-time: 01:33:50**

PB (25m pool): 01:33.50 Eindhoven 28/06/2026 **PB (50m pool):** 01:37.68 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:44.84		01:33.50	
		00:44.84		*00:48.66*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 9: 100M BREASTSTROKE WOMEN 11+ **Heat:9, starttime: 11:49**

Heat: 9/12 Lane : 4 Athlete: VAN EYGEN LOUISE **Q-time: 01:32:78**

PB (25m pool): 01:32.78 Eindhoven 28/06/2026 **PB (50m pool):** 01:30.92 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:44.45		01:32.78	
		00:44.45		*00:48.33*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 100M BREASTSTROKE WOMEN 11+ **Heat:9, starttime: 11:49**

Heat: 9/12 Lane : 6 Athlete: BIANCHI MAIA **Q-time: 01:34:35**

PB (25m pool): 01:34.35 Eindhoven 28/06/2026 **PB (50m pool):** 01:31.71 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:44.84		01:34.35	
		00:44.84		*00:49.51*	
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Coach feedback: